



Walk Way

Eastern Shore Emmaus Newsletter

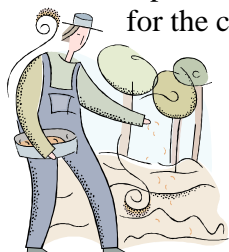
MAY 2009

Volume 17

Number 5

A Message from the Community Lay Director

Spring is my favorite Season. I love the renewal of life that seems to surround us. It's as though all the struggles of Winter, all the hidden growth, is suddenly displayed before us. When we compare nature with our individual lives, we see strong similarities. Spring is a special time



for the clearing away of the old growth in our hearts and the planting and cultivating of new seed deep within us. In Isaiah 55:10-11, "As the rain and the snow come down from heaven, and do not return to it without watering the earth and making it bud and flourish, so that it yields seed for the sower and bread for the eater, so is my word that goes out from my mouth; it will not return empty, but will accomplish what I desire and achieve the purpose for which I sent it." We, the Emmaus Community, have the perfect opportunity to plant, feed, and bear much

fruit for our Heavenly Father. **We need to bear fruit!** But we don't do it alone. John 15:4, says; "No branch can bear fruit by itself; it must remain in the vine." Emmaus can help. It gives us the opportunity for renewal with Walks, Gatherings, and Reunion Groups. Take a few minutes to welcome the new members of our Community, the Pilgrims of ES 70 and ES 71, the "new growth" of Emmaus! We also need to cultivate and fertilize our Community. Seek out the members of the vine who have become inactive in the Community. Perhaps call a few people you haven't seen in awhile or offer a ride to someone who no longer drives at night. Sometimes people just need a reminder that we love and miss them. Welcome them back, to again be an integral part of the Vine. And remember your reunion groups. They are a special place for clearing away the old growth and planting new seeds. Has your group fallen by the wayside?



Start a new one or join another. If your reunion group can handle a few more members, invite them. Share what you have found. "You will go out in joy and be led forth in peace; the mountains and hills will burst into song before you, and all the trees of the field will clap their hands."

The Worship Center is fast approaching completion, and was available for ES 70 and ES 71. **Many volunteered their time and talents to make this possible. I sincerely thank each of you!** A special thank you to Wayne Johnson and Tom Gonzalez, who devoted so much time and effort in making the dream of a Worship Center at the Camp a reality. The Cokesbury Worship Center will be dedicated on Saturday, June 6th! Please join us. All honor, glory, and praise to God!

Blessings to all,
Pat Krukowski, CLD

What Gift Can We Bring
Emmaus May Newsletter
Alex Joyner, Spiritual Director

“What gift can we bring, what present, what token? What words can convey it, the joy of this day? When grateful we come, remembering, rejoicing, what song can we offer in honor and praise?” -- Jane Marshall

It seems like the last place where such conditions should exist, but even here on the Eastern Shore there are a lot of people burning the candle at both ends. We live in a culture that encourages hyperactivity – doing too much and feeling constantly overstretched and exhausted. Sometimes we say to one another, “I think I’m getting burned out.”

The response to that is usually to say, “Well, I just need to stop doing so much.” That’s a healthy response, and it may get us observing a Sabbath for rest and restoration. But burnout is, at heart, not about busy-ness – it’s about emptiness.

Parker Palmer, who is one of my favorite writers on the subject of vocation, went through a period of burnout, which he describes in his book *Letting Your Life Speak*. “Though usually regarded as the result of trying to give too much, burnout in my experience results from trying to give what I do not possess — the ultimate in giving too little! Burnout is a state of emptiness, to be sure, but it does not result from giving all I have: it merely reveals the nothingness from which I was trying to give in the first place.”

I wonder if the Church sometimes fails, not because it asks too much of people, but because it doesn’t ask Christians to discern what it is that they most need to give and to give from that place. Within the Emmaus community we have creative people, healing people, listening people, praying people, and administrative people who are open to God’s Spirit and the new things God is doing with us. What it is that you are called to give to your church and to your community? You have been richly blessed!

Outreach

I heard from 2 more communities this month - one was Columbine CO. Remember that terrible tragedy there in the school. Now we have brothers and sisters there and we are praying for each other. -SIGH- I just love my job!

~ Connie Conway, Outreach Coordinator

This month please include these Emmaus Communities and their Walks in your prayers.



May 7-20 Mens Walk #7 Western Montana

May 14-17 Mens Walk #9 Southside Virginia
Womens Walk #8 Western Montana



Have you ever been just sitting there and all of a sudden you feel like doing something nice for someone you care for?

- THAT'S GOD talking to you through the Holy Spirit.

Have you ever been down and out and nobody seems to be around for you to talk to? -THAT'S GOD wanting you to talk to Him.

Have you ever received something wonderful that you didn't even ask for, like money in the mail, a debt that had mysteriously been cleared, or a coupon to a department store where you had just seen something you needed but couldn't afford? -THAT'S GOD knowing the desires of your heart.

Have you ever been in a situation and you had no clue how it was going to get better, how the hurting would stop, how the pain would ease, but now you look back on it... -THAT'S GOD passing us through tribulation to see a brighter day!

John 15:9-17 NIV Study Bible: states that Jesus commands us to remain in His love and to love each other as He has loved us. We are to lay our lives down for our friends. In vs. 15, Jesus is not calling us servants anymore but he calls us "friends" and how He chose us. That is a tremendous thing. Vs. 16 says: "You did not choose me, but I chose you and appointed you to go out and bear fruit - fruit that will last. THEN the Father will give you whatever you ask in my name." vs. 17 says "This is my command: Love each other."

I am going to challenge you starting in the month of May to love one another. Know you are chosen by God to go out and witness and bear fruit and tell someone about Him. Bear fruit - fruit that will last.

Fly With Christ
Chrysalis Community Lay Director
James Armentrout

THIS 'N THAT

- † Due to the Memorial Day Holiday, the May Emmaus Board meeting will be at Woodberry United Methodist Church at 7:00 p.m. on **Monday, June 1, 2009.**
- † The May Chrysalis Board meeting will be held at Mears Memorial UMC, Keller, on **Tuesday, May 19, 2009,** at 7:00 p.m.
- † **"Northern Shore" Emmaus Gathering** - Third Saturday of the month: **Saturday, May 16, 2009,** 6:00 p.m. Covered Dish and 7:00 Praise and Worship @ College Parkway Baptist Church, 301 College Parkway, Arnold MD 21012
- † If you have noticed errors in the current **roster,** please contact Mary Grace Woodburn, send an e-mail to: easternshoreemmaus@yahoo.com, or send a note to P.O. Box 91, Franktown, VA 23354. Please send ANY updated information you may have such as addresses, marriages, or deaths. It is important to the community to keep the information as up to date as possible. Thank you!!!!

ARE YOU INTERESTED IN A WALK WAY SUBSCRIPTION?

The monthly Eastern Shore Emmaus newsletter will be posted to the web site, ***www.esemmaus.org***, but if you would like a copy of the newsletter sent to your home via regular mail, clip the coupon and follow the directions. **(OR if your name or address has changed!!!)**

You may have noticed that the rates have increased substantially for a subscription to "The Walk Way" effective January 2009. All current subscriptions will be honored.

If you would like to have the newsletter sent to you via e-mail you may do so at no charge! Just print, fill out and send in the "coupon" and you will be included in the distribution list.

If you have questions, contact Mary Grace Woodburn or email: easternshoreemmaus@yahoo.com.

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(IF ORDERING THE NEWSLETTER OR RENEWING A SUBSCRIPTION, BE SURE TO INCLUDE A CHECK OR MONEY ORDER FOR \$20.00 MADE PAYABLE TO: EASTERN SHORE EMMAUS)

PRINT ALL INFORMATION CLEARLY PLEASE!!!

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**DON'T FORGET THE
DAY OF DEEPER UNDERSTANDING
TUESDAY, MAY 12TH, 2009
7:00 P.M.
EPWORTH UNITED METHODIST CHURCH
(YOU MUST ATTEND A "DODU" TO TEAM OR TO SPONSOR
SOMEONE!)**



“Where Faith is Strengthened and Lives are Changed”

You are invited to join the Eastern Shore District of the United Methodist Church for the dedication of the new Cokesbury Worship Center on

Saturday, June 6, 2009 at
Occohannock on the Bay
Camp and Retreat Center,
9403 Camp Lane,
Belle Haven, VA 23306

The celebration will begin at 1 P.M. at the Lynch Building where there will be:

- Tours of the Camp
- Activities for the children
- A slide presentation
- Music by Route 180

At 2 P.M. we will move to the Cokesbury Worship Center for

- Fellowship and Refreshments

At 3 P.M. we will continue at the Cokesbury Worship Center and will conclude our day by

- Worship and the dedication of the camp's new worship building with Special Music

If you have questions regarding this event, please contact Jerry Mobley at 757-442-7836 or OOTBay@verizon.net

This event will take place rain or shine!!!

Eastern Shore Emmaus
P.O. Box 91
Franktown, Virginia 23354

Gatherings

May 9, 2009 – Christ UMC
6253 Church Street, Chincoteague, VA 23336

June 13, 2009 – Grace UMC
18484 Wilson Ave., Parksley, VA 23421

5:30 p.m. – Covered Dish Supper



6:30 p.m. – Music and Worship

