



The Walk Way

Eastern Shore Emmaus Newsletter OCTOBER 2009

Volume 17

Number 10

Perserverance

The first verse of Hebrews 11 is one of the memory passages of the New Testament: "Faith is the assurance of things hoped for, the conviction of things not seen." The following verses are the meaning of faith and run through Hebrews 12:2. In the two verses at the beginning of the twelfth chapter the author brings home the conclusion: "Therefore, since we are surrounded by so great a cloud of witnesses...let us run with perseverance the race that is set before us." We must persevere in our Christian Walk even when we have obstacles set before us on a daily basis. Perseverance and faith run "hand and hand" and bring to mind an inspiring story about frogs! Two young frogs fell into a bucket of milk. Both tried to jump to freedom, but the sides of the bucket were steep and no foundation was to be had on the surface of the liquid. Seeing little chance of escape, the first frog soon despaired and stopped jumping. After a short while he sunk to the bottom of the bucket and drowned. The second frog also saw no likelihood of success, but he never stopped trying. Even though each jump seemed to reach the same inadequate height, he kept on struggling. Eventually, his persistent effort churned some milk into butter. From the now hardened surface of the milk, he managed to leap out of the bucket. Just like our little frog friend, we must persevere knowing that God is in control of all aspects of our lives. When we face trials and tribulations, we must have faith that He will provide all that we truly need. It is the same with our Emmaus Community. We, the Emmaus Community pray for each other, and also for the future of Emmaus on the Shore. Our faith, (cont. from pg. 1) perseverance, and prayers are being answered. We see these answers as God supports us through the sorrows and the trials. We see these answers in healings, adoptions going through, jobs being found, burdens being lifted. We see these answers within Emmaus itself. A month ago applications for those teaming seemed to be down; we now have two full teams! Over the last several years, the number of pilgrims on the Men's Walks have decreased, however, the men, at this point, have 24 pilgrims. Praise be to God! You see, God honors our faith and our perseverance. We are forever evolving into new discoveries of reality and "the assurance of things hoped for." We are given new hope in faith by the remembrance of those who shared with us their assurance of faith: a Sunday school teacher, a loving pastor, a family loved one, an Emmaus brother or sister. All have taught us that faith is the assurance of things hoped for. Read this passage in Hebrews and thank God for the faithfulness of the cloud of witnesses who have given us a deeper conviction of faith.



We must remember that faith is not something we can obtain as a commodity. It is a conviction-an assurance that God gives us the resources for living life in joy and hope.

In Christ's amazing grace,
Pat Krukowski
Community Lay Director

Community Spiritual Director's Message

Newsletter!

Details, deadlines, and more deadlines and details and important meetings and dates that demand more meetings and details and deadlines.

Life can a bit hurried sometimes. Like the old Quaker saying "the hurrier I go the behinder I get". What a wonderful gathering we had in September. The fellowship was great, the food good, and the "meeting" was just filled with the Spirit. It was so encouraging to look around and see so many of you and yes the church was full.

Of all the things that I like on the Eastern Shore, (and there are so many) my time with you in fellowship is one that I greatly cherish. So don't stay away so long, people have a way of aging when you don't get to see them once in a while. It's like my high school graduation class get together. Everybody had got old, bent over, somewhat different with a mouth full of false teeth. The girls of '63 were now grandmothers with slightly gray and blue hair. I don't know how I managed to stay so young.

Like you don't have anything else to ponder remember some more dates. The Upcoming men's walk and women's walk have been blessed with great teams with superb leadership. Speaking from a spiritual directors point of view both teams have also been blessed with the best. Remember to pray and support with your presence the sponsors hour and candle lighting and even those who need another date to remember, just stay up all night and come to the Early Cheer service or whatever they are calling it these days. Details, deadlines, and details and more dates and deadlines.....



Keep a full Calendar and remember
We love you one and all.

Doc Charlie

Chrysalis News

Fall...

Each bud on a tree is the beginning of a new leaf. The sun warms the bud and the new leaf begins to grow. As the leaf grows it starts to make its own food. Each leaf is like a tiny food factory. The leaf uses sunlight, things in the air, water and a green matter called CHLOROPHYLL. (CHLOR[^]O-FILL) The green chlorophyll covers up the other colors of the leaf. It covers up the other colors so we can see only green leaves. When fall begins, the leaf starts to die. There is less sunlight because the days are shorter. The leaf no longer makes food. When the leaf begins to die, the leaf no longer makes food. The chlorophyll breaks down and the green color begins to disappear. All the hidden colors-the reds, yellows, oranges, and browns can now be seen! Just like the leaves we are transformed in his love! Praise God!

Fly With Christ
Chrysalis Community Lay Director
James Armentrout

AGAPE Outreach
Connie Conway

This month please include these Emmaus Communities and their Walks in your prayers for

October 2009:

1st—4th

Women's #22 High Plains, NM

Men's #23 Darke County, OH

8th—11th

Men's Garden State, NJ

Men's #28 SE, NM

Men's #104 San Antonio, TX

Men's PR59 SE, VA

Men's Mountain Top NE, PA

15th - 18th

Women's Garden State, NJ

Women's Mid Ohio Valley

Men's #27 SW, OH

Women's #29 SE, NM

Women's #72 Southside, VA

Men's Cape Fear, NC

Women's Mountain Top NE, PA

22nd - 25th

Men's Casar, NC

Women's #126 SE, TX

Women's Cape Fear, NC

Men's KAIROS Buckingham Correctional Center, VA

29th - Nov. 1st

Women's PR60 SE, VA

Men's E151 National Capital Area

What a wonderful opportunity God has given us to pray for our Brothers and Sisters as they meet God's unconditional love on these weekends. **PRAY FERVENTLY!!! Lives will be changed!**

DeColores!!!

Chrysalis Flight #20

The Chrysalis Flight #20 is scheduled for November 5th - 8th! Teaming began September 25th.

Please prayerfully consider sponsoring a Caterpillar! (Of course the sooner we have them the better!) Caterpillar applications are welcome anytime from now until the deadline of October 16th. The fees have increased for the upcoming flight but don't let that be cause for hesitation in sponsorship...there are some scholarship funds available!



Board Elections to be Held in November

It may seem too early to begin thinking about our November elections, but we all know how quickly time can slip by! Elections for the 2010-2012 class of the Board of Directors will be held at the November Gathering. We will be electing one clergyperson, two laywomen, and two laymen for three-year terms beginning January 2010 and extending through December 2012.

Nominees must meet the following criteria in order to be eligible for election to the Board:

- 1) have attended a Day of Deeper Understanding or other similar training
- 2) have served on at least one Emmaus team
- 3) have been an active member of the Emmaus community for at least two years
- 4) must be an active member of his or her local church.

Anyone who has previously served on the Board may be nominated if at least two years have passed since their prior service.

The nominations form is down-loadable from the web site www.esemmaus.org or may be obtained from me. Anyone wishing to submit a nomination petition should give it to me no later than the **first Saturday in October**, in order to allow names to be published and read for the record at the October Gathering as required in our By-laws. Forms mailed and postmarked before October 3rd will also be acceptable. Contact information is below.

As usual, nominations will be accepted from the floor at the November Gathering. If you are nominating someone from the floor, it is imperative that you have allowed him or her an opportunity to carefully consider the commitment required for Board Service and secured permission to nominate them. Anyone nominated from the floor **must** be present on the night of the election. Please prayerfully consider whether you might serve our Community by putting your own name in nomination or by nominating someone else for the position.

DeColores,
Jim Petro
972 Deep Creek Ave
Arnold, MD 21012
410-757-1289
jasupetro@juno.com



Special Events Schedule for the upcoming Walk Weekends:

Thursday, 7:30 p.m. – Gather for Sponsors' Hour @ the Worship Center

Saturday, 7:30 p.m. – Gather for Candle Lighting @ the Worship Center

Sunday, 6:30 a.m. – Rise and Shine @ the Lynch Building (**please** do not arrive any earlier than 6:00 a.m.)

Sunday, 3:30 p.m. – Gather for Closing which will begin @ 4:00 p.m.

The Pilgrims of ES #72

"Spirit of Gentleness"

1. Kenneth Allen
2. David Bardi
3. Fredrick (Boo) Brown
4. Kevin Cahoon
5. Jeremy Ellis
6. Matt Gonzalez
7. David Hackett, Jr.
8. Ron Hamm
9. Butch Harmon
10. Saul Hernandez
11. Gary King
12. Mike Markel
13. James Miller
14. J.W. Rice, Jr.
15. Bill Russum
16. Dennis Ryan, III
17. Dave Schwarz
18. Butch Scott
19. Dray Summers
20. Phil Tatler
21. Nick Tibbetts
22. Anthony (Ant) Trader
23. Richard VaRence
24. Dave Vaughn

The Pilgrims of ES #73

"His Saving Grace"

1. Carolyn Ausley
2. Cheryl Battaglia
3. Wendy Bergbower
4. Linda Brower
5. Ginny Cichowski
6. Aline Cook
7. Terri Crockett
8. Laura Ellis
9. Lynette Ellis
10. Jeanne Irons
11. Sandy King
12. Vicky Markel
13. Judy Matlick
14. Beth McKenzie
15. Irene Munz
16. Valerie Murphy
17. Barbara O'Toole
18. Melissa Outten
19. Crystal Parks
20. Joy Rayfield
21. Judy Riedel
22. Judy Rulison
23. Anita Ryan
24. Trisha Schwarz
25. Betty Simpson
26. Chris Smith
27. Jean Page Steelman
28. Judy (Sugar) Summers
29. Ashley Trader
30. Betty Tull

THE NEED FOR A REUNION GROUP

I walked on E.S. #11 in the spring of 1995 - having been in a covenant group for 17 years before moving to the shore in 1993. However, on *The Emmaus Walk* I was reminded of that need in my life. If I was to grow in faith and appreciate the Grace offered to me and to all who believe in the Risen Christ, I would need help keeping my flame from going out. You **cannot** do it alone, at least, I can't. We need others to covenant with, to hold us accountable, and to lessen the burden we carry. We receive encouragement from each other. The scriptures tell us to bear one another's burdens. A burden shared is half the load. Speaking of scripture, our group has adopted *Hebrews 10: 23 – 25 as our guide*: "Let us hold unwaveringly to the hope which we profess, for he who promised is faithful. And let us consider how we may spur one another on toward love and good deeds. Let us not give up meeting together, as some are in the habit of doing, but let us encourage one another as you see the Day approaching." (NIV) You also might like to read verses 19-39 to see what the Bible says about the need to persevere.



There are several reunion groups on the shore; personally I prefer an all male group. I believe most men feel more comfortable in this setting. Most groups would welcome a new member. If you attend a group and are not comfortable, look for another or start one yourself. All you need is one or two friends who are willing to meet together weekly, to love each other, to pray together, *and* most importantly, to be able to keep in confidence the things that have been shared within the group! Trusting one another and keeping confidence is most important to maintain the integrity of the group. You already have the guidelines for a group, remember the little group meeting card from your Fourth Day packet? This will start you on your way to an enriching and soul building journey.



Our group starts with *The Prayer to The Holy Spirit*, then a reading from the Upper Room devotional or some similar Bible reading, followed by discussion and sharing of the things we had studied during the previous week. We share a time when we have felt the closeness to Christ during the past week and/or a time when we have been called to discipleship - whether we heard the call and obeyed, pretended not to hear, or were too busy to follow. We share our failures **and** our times of joy. This is a group that loves each other and will still love me in spite of my shortcomings. I can count on each person to love, encourage, and pick me up when I stumble. We believe we were called together to encourage, and sometimes point out our shortcomings. When you truly love someone you are interested in their spiritual growth and want nothing but God's best for them. Anyone wanting to join us would be welcome. We meet every Saturday morning at 7:30 am at the Sunrise Restaurant in Onley.



Hoping your Fourth Day will be filled with God's Love and Grace.

DeColores,
Larry Frashure

REMEMBER THE WALKS ARE:
OCTOBER 1ST – 4TH AND
OCTOBER 15TH – 18TH

THIS 'N THAT

- † The October Emmaus Board meeting will be at Woodberry United Methodist Church at 7:00 p.m. on **Monday, October 26, 2009.**
- † ES Chrysalis Board meeting is scheduled at Mears Memorial United Methodist Church on Tuesday, October 20, 2009 at 7:00 p.m.
- † **“Northern Shore” Emmaus Gathering** – Third Saturday of the month: **Saturday, October 17, 2009**, 6:00 p.m. Covered Dish and 7:00 Praise and Worship @ College Parkway Baptist Church, 301 College Parkway, Arnold MD 21012
- † If you have noticed errors in the current **roster**, please contact Mary Grace Woodburn, send an e-mail to: easternshoreemmaus@yahoo.com, **or** send a note to P.O. Box 91, Franktown, VA 23354. Please send ANY updated information you may have such as addresses, marriages, or deaths. It is important to the community to keep the information as up to date as possible. Thank you!!!!



ARE YOU INTERESTED IN A WALK WAY SUBSCRIPTION?

The monthly Eastern Shore Emmaus newsletter will be posted to the web site, www.esemmaus.org, but if you would like a copy of the newsletter sent to your home via regular mail, clip the coupon and follow the directions. **(OR if your name or address has changed!!!)**

You may have noticed that the rates have increased substantially for a subscription to “The Walk Way” effective January 2009. All current subscriptions will be honored.

If you would like to have the newsletter sent to you via e-mail you may do so at no charge! Just print, fill out and send in the “coupon” and you will be included in the distribution list.

If you have questions, contact Mary Grace Woodburn or email: easternshoreemmaus@yahoo.com.

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<u>PRINT ALL INFORMATION CLEARLY PLEASE!!!</u>

Eastern Shore Emmaus
P.O. Box 91
Franktown, Virginia 23354

Gatherings

October 10, 2009 – Melfa UMC
1944 Main Street, Melfa, VA 23410

November 14, 2009 – Franktown UMC
7551 Bayside Road, Franktown, VA 23354

5:30 p.m. – Covered Dish Supper



6:30 p.m. – Music and Worship

